

ABOUT CYPRESS KEMPO KARATE CLUB

- In 2019, Cypress Kempo Karate Club celebrates 25 years of serving Maple Creek and Gull Lake.
- Classes are led by Mr. Cal Deobald (2nd degree black belt), Mr. Donald Knight (1st degree black belt), Mrs. Tina Winsor (1st degree black belt), Mr. Joe Hughes, (1st degree black belt), and Mrs. Anesia Boutin (1st degree black belt) assisted by local upper belts.
- CKKC operates under the supervision and guidance of Master Greg Harding (8th degree black belt) and Mr. Darcy Theile (6th degree black belt), both of the Regina Institute of Kempo Karate. Cypress Kempo Karate Club is registered with the Saskatchewan Martial Arts Association.
- Regular class times are as follows:
 - Gull Lake School
 - Sundays – 1:00 p.m. (youth) and 2:00 p.m. (adults)
 - Wednesdays – 7:00 p.m. (youth) 8:00 p.m. (adults)
 - Maple Creek (Anglican Parish Hall):
 - Mondays – 7:00 p.m. (youth and adults)
 - Wednesdays – 7:00 p.m. (youth and adults)
- Members are welcome at any and all classes, regardless of where they train regularly.
- Fees are collected as prepayment for the full year or in two half-year payments. Rates are as follows:
 - Youth (8-12) – Sep to Dec: \$100, Jan-Apr: \$100
 - Adults – Sep-Dec: \$120, Jan-May: \$150
 - Families - \$65/mo
- All ages and abilities are welcome. (minimum age of eight).
- The emphasis of the program is on personal development. Members can begin training at any time of the year and progress at their own rate.

Look us up on the Internet at: <http://ckkc.ca>